

# DO YOU WANT TO BE WELL?

Jesus (John 5:6)

"WE CAN'T BE SPIRITUALLY MATURE IF WE ARE EMOTIONALLY UNHEALTHY."

Pete Scazerro

[www.rochellefrazier.com](http://www.rochellefrazier.com)

## WHY PURSUE A CULTURE THAT HEALS?



WOUNDED MEMBERS CAN DIVIDE THE BODY, SABOTAGE THE VISION, AND SEVER RELATIONSHIPS UNAWARE. RESTORED MEMBERS RESTORE PEOPLE AND CITIES.

TAKE THE NEXT STEP TO CREATE A CULTURE THAT HEALS.

BOOK ROCHELLE

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 SCAN ME

Guiding Churches to Create Cultures that Heal



# LIVE, LOVE, LEAD WELL

AVAILABLE FORMATS:

Church Event  
Women's Retreat  
Ministry Team Intensive



Facilitator:  
**ROCHELLE FRAZIER, MS**

*Creating Church Culture Where Members*

# LIVE, LOVE, LEAD WELL

## Church Event, Women's Retreat or Ministry Leader's Intensive

The Family of God should be the safest community for people to heal and grow. Tragically, searching souls are leaving church in unprecedented numbers. It's time to for the body to get WELL and create cultures that are both safe and honoring to God. The interactive sessions will include worship and spiritual practices to cultivate rhythms for healing and growth. Participants will gain understanding of:

- The Spirit-led Self vs. The Wounded Self
- The Origin of the Wounded Self
- How to Dismantle Defenses that Sabotage Churches, Relationships & Vision
- Removing the 18-inch Barrier to Intimacy with God and Others
- Recovering What was Lost in the Garden
- Discovering the Keys to Restoring your Community begins with Restoring People
- Opening Connection to the Wellspring of Life
- Cultivating Practices that Lead to Healing, Hope, and Life
- Emulating Jesus in their Domain as they LIVE, LOVE, & LEAD WELL

## About Rochelle



Therapist, Speaker, Author, Leadership Coach,  
and former Executive Pastor.

Trained In: Somatic Therapy, Kairos Ministry,  
Christian Healing, Emotionally Focused Therapy,  
and Internal Family Systems.



## FORMAT OPTIONS:

### CHURCH EVENT:

- Modified introduction: 3 hours
- Full event: 6 hours with lunch
- Intensive: Friday night & Saturday

### WOMEN'S RETREAT or EVENT:

- Introduction: Women's Night
- Day or weekend event
- 2 to 3-day retreat setting

### MINISTRY TEAM INTENSIVE:

- 2 to 3-day on campus or retreat
- 3 days includes private sessions with ministry couples

INQUIRE ABOUT OTHER EVENTS,  
RETREATS & COUPLES' INTENSIVE.

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